



## BUMI ARMADA

### Nature Trail Walk and Tree Planting Program Forest Research Institute Malaysia (FRIM) - 30th September 2017

#### A collaboration between Bumi Armada's Sustainability Committee and B-Fit Club

On 30<sup>th</sup> September 2017, Bumi Armada's Sustainability Committee and B-Fit Club in collaboration with Forest Research Institute Malaysia (FRIM) held a 'Nature Trail Walk and Tree Planting Program'. The program's main objective were to:

- Inculcate the importance of forest conservation and educate how it benefits us
- Promote health and well-being through outdoor activities in natural surroundings
- Learn how harmful CO<sub>2</sub> is absorbed by the forest
- Demonstrate the importance of continuous tree planting activities for future generations

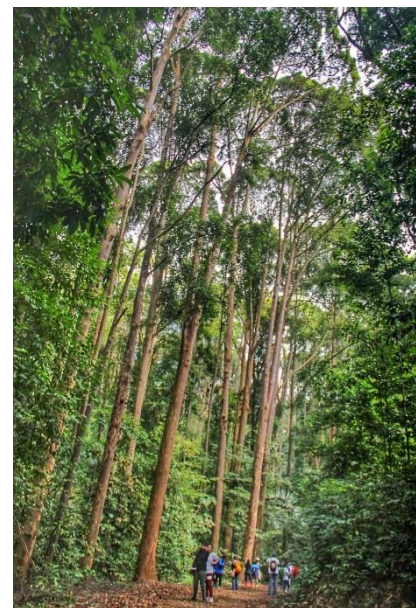
Bumi Armada's funding and collaboration with FRIM began in 2012, aiming to conserve a rich and highly diverse forest area of 5.6 ha located in Field 11, FRIM over a period of 5 years.



About 25 Bumi Armada employees volunteered to participate in this healthy and educational program. The day started with a briefing from FRIM and stretching exercises led by B-Fit club members before the start of a trail walk. Led by Mr Sadali Sahat and Mr Mohamad Danial Md Sabri from FRIM, the group made various stops to understand the type of trees before proceeding to Field 9 for the Tree Planting activity.

Some of the trees observed were:

- Kulim Tree
- Chengal Tree
- Kempas Tree
- Kapur Tree
- Papanjat
- Ipoh Tree
- Tualang Tree



The trail walk took about an hour before the group reached Field 9 to plant trees. A number of young trees were provided by FRIM and the team got real down and dirty! It was great to see the enthusiasm of BA's volunteers to help with this conservation effort.

All the volunteers were positive and took active interest in spite of the heat and humidity. It showed how important they felt about preserving nature and to be a part of something that benefits our next generation. Each small effort was a noble cause and we hope that with each tree planted that day, we contribute to a better and healthier planet to live on!

